



## POST-OP STAINLESS STEEL CROWN (PEDO)

| DOB:

### STAINLESS STEEL CROWN

#### *Post-Operative Care Instructions*

#### **Local Anesthesia**

- The numbness from the anesthesia injection will wear off within a few hours.
- Monitor your child very closely while they are still numb, they are likely to bite or chew on numb lips, tongue, and cheeks without knowing.
- Your child may experience tenderness, mild swelling or bruising to the injection site. In rare cases, prolonged numbness can occur.
- Please contact our office if numbness does not wear off within 48 hours of surgery.
- When the numbness wears off - your child may indicate their teeth do not touch like normal. Don't fret! This may just require a quick visit to our office to adjust the height of their shiny new crown.

#### **Diet**

- Your child may experience tenderness or discomfort in their jaw for the first 2 days after their procedure.
- To keep your child comfortable, soft, easy to chew foods are recommended.
  - Such as milkshakes, eggnog, yogurt, cooked cereals, cottage cheese, smooth soups, mashed potatoes, refried beans, ice cream, pudding, fruit smoothies/protein shakes, macaroni and cheese, cooked noodles, soft-boiled /scrambled/ poached eggs, and soft sandwiches.
  - Avoid tough or crunchy foods, such as pizza, rice, popcorn, and hamburger.
  - Avoid spicy and acidic foods. Most patients may resume their normal diet within a day or two.

#### **Brush, Floss & Smile!**

- We recommend resuming normal brushing, flossing, and rinsing immediately. Keeping their new shiny stainless steel crown clean is very important.
- If brushing hurts, they may want to avoid the crown area for 1-2 days.
- Mouthwash can be used the night of the procedure unless your child experiences discomfort. Wait 1-2 days before using mouthwash again to give gum tissue time to normalize.

Please contact our office (908) 376 9297 if your child is experiencing symptoms not indicated above, or if you have any questions for Dr. Beth Herko regarding their dental care.

Patient's signature:

Date:

Doctor's signature:

Date: