



POST-OP PROPEL TREATMENT | DOB:

PROPEL TREATMENT

Post-Care Instructions

Propel is a treatment that stimulates bone around targeted teeth. This creates a biological response that allows teeth to move faster. Micro-osteoperforations are created to induce metabolic activity in the bones. By using Propel, we can complete orthodontic tooth movements more efficiently to achieve a more ideal finish and in significantly less time.

What to Expect?

You may experience some tenderness around treatment sites for 24-48 hours. This sensitivity is similar to that of an orthodontic adjustment

Local Anesthesia

- The anesthesia used during your procedure will wear off within a few hours. You may experience tenderness, mild swelling or bruising to the injection site. In rare cases, prolonged numbness can occur. Please contact our office if numbness does not wear off within 48 hours of your procedure.

Pain Management

It is normal for you to experience some degree of discomfort for a few days. This tenderness is normal and is no cause for alarm.

- Discomfort may be alleviated by taking Aleve, ibuprofen (Advil), aspirin, or acetaminophen (Tylenol) as directed.
 - **600 mg Ibuprofen along with 500 mg & Tylenol every 6 hours for 2 days as needed.**
- Warm salt water rinses (1/2 teaspoon of salt in 8 ounces of water) may also help. Should you experience discomfort that cannot be controlled with the above medications or should swelling develop, please contact our office, we are here to help, and happy to do so.

Please call our office (908) 376 9297 if you have any questions or difficulties. If it is after hours, follow the prompts to be connected to our answering service. If you feel that your symptoms warrant a physician, and you are unable to reach Dr. Beth Herko, please go to the closest hospital emergency room immediately.

Patient's signature:

Date:

Doctor's signature:

Date: