



**New Providence Dentistry**  
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## POST-OP ORAL CONSCIOUS SEDATION | DOB:

### CONSCIOUS SEDATION

#### *Post-Operative Care Instructions*

#### **After Sedation Instructions for Companion & Patient**

- Patients **cannot** drive for 24 hours after taking sedation medication.
- Patients **cannot** operate any hazardous devices or do any heavy lifting for 24 hours.
- A responsible person should be with the patient until he/she has fully recovered from the effects of the sedation. (Typically 12-18 hours)
- Patients should not go up and down stairs unattended. Let the patient stay on the ground floor until fully recovered.
- Patients should begin eating appropriate food as soon as possible (based on procedure post-operative instructions) Do not delay.
- Patients need to drink plenty of fluids as soon as possible and stay hydrated.
- The patient may seem alert when he/she leaves. This may be misleading so do not leave the patient unsupervised for 12 hours after surgery.
- Always hold the patient's arm when walking the day of surgery.
- Patients should not carry, sleep next to or be left alone with the young children for a period of no less than 24 hours after the last dosage of medication.
- Under no circumstances should the patient take sedatives or stimulants for 24 hours after the appointment (including alcohol, caffeine or nicotine)

Call us at (908) 376 9297 if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the closest emergency room immediately.

Patient's signature:

Date:

Doctor's signature:

Date: