



POST-OP NITROUS OXIDE (PEDO) | DOB:

NITROUS OXIDE

Post-Operative Care Instructions

Nitrous oxide is a non-absorbed gas that is quickly cleared from the system by the administration of 100% oxygen. The following is a brief list of post-nitrous recommendations to aid recovery and minimize complications.

- Some children will cry upon seeing a parent after treatment. (This may happen as the nitrous oxide leaves their system.) Please avoid showing emotion as this may increase your child's distress. Always be positive about their visit.
- Your child will be drowsy and will need to be monitored very closely.
- Keep your child away from areas of potential harm.
- If your child wants to sleep, place them on their side with their chin up.
- Wake your child every hour and encourage them to have something to drink in order to prevent dehydration.
- It is recommended that your child refrain from eating or drinking anything for 2 hours following their appointment, to avoid the chances of nausea and vomiting.
- At first it is best to give your child sips of clear liquids to prevent nausea.
- Your child's first meal should be light and easily digestible.
- If your child vomits, help them bend over and turn their head to the side to ensure that they do not inhale the vomit.

Please contact our office (908) 376 9297 if your child is experiencing symptoms not indicated above, are in need of a bite adjustment, or if you have any questions for Dr. Beth Herko regarding their dental care.

Patient's signature:

Date:

Doctor's signature:

Date: